

COSMO TIMES

ROTARY CLUB OF GURGAON COSMOPOLITAN

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PRESIDENT'S MESSAGE



CREATING SUSTAINABLE LIVELIHOODS

Dear Rotarians,

Economic empowerment transforms communities. We're working hard towards setting up two Skill Development Centers - Gurgaon and Nilokheri. By fostering entrepreneurship and financial literacy, we can help families break the cycle of poverty. Let's continue to create opportunities that uplift lives.

Together, we build a self-reliant society!

Rtn Naveen Chowdhry
 President
 Rotary Club of Gurgaon Cosmopolitan

THE 4-WAY TEST

of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned ?

Let us all keep the above tests in mind before we say, think or do anything

RI President's Message



Rtn. Stephanie Urchick
President 2024-25, Rotary International

The Magic of Rotary is belonging, and it's a feeling that can appear when you least expect it. Earlier this year, I was in Slovakia serving as a president's representative during a six-week trip through Europe. When I wrote to Katarina Cechova, governor of District 2240 at the time, I mentioned that my grandmother Veronica Zilka grew up in a small village in the area before settling in the U.S. It wasn't long before Cechova tracked down my grandmother's village, Jakubova Vol'a. She even organized a visit for me, where I received an unforgettable Slovakian welcome. When I entered the community center of Jakubova Vol'a, a small crowd of people dressed in traditional Slovakian clothing greeted me. They sang with beautiful and powerful Central European voices that reminded me of my grandmother.

A lot of families play cards or games when they get together. When I was young, my father would pick up his accordion and lead my family in song. My grandmother would sing along with her impressive voice. When I walked into the community center and heard traditional music from my childhood — when I saw a woman play the accordion the way my dad played — I suddenly felt like a little girl sitting at my grandmother's house in Monessen, Pennsylvania. I burst into tears of joy at the memories. But the magic didn't stop there. District Governor Cechova really outdid herself. A local genealogist worked with a videographer to make a short film about my grandmother. We watched the video together in the community center. When the video ended, I turned around and saw a man standing in the back of the room. I quickly learned that this stranger, Frantisek Zilka, was my second cousin. His grandmother and mine had been sisters. I felt like I had been struck by lightning.

I visited my newfound cousin's home, which happens to be the home where my grandmother was born. There, he shared old photographs I had never seen of my dad, my uncle, and my grandmother. Since then, I can't stop thinking about my family of Rotary. When I refer to you as my family, I'm not just being kind. I really think of everyone in Rotary as my family. But I never would have imagined that my Rotary family would introduce me to long-lost personal family. Sitting in that community center listening to traditional Slovakian music from my childhood filled me with joy and a profound sense of belonging. I am so grateful to District Governor Cechova and everyone who helped create that magical experience. As members of Rotary, we have a unique opportunity to share the same magic with each other and with the world. I encourage you to consider how you can help spread that magic and ensure other members of your club — other members of our Rotary family — feel like they truly belong.

Resource: <https://my.rotary.org/en/news-media/office-president/presidential-message>

From The District Governor's Desk



Rtn. Dr. Mahesh Trikha

District Governor 2024-25, Rotary International

Dear Magical Presidents and District Team,

It has been a truly magical quarter so far and I am overwhelmed when I look back at what we have achieved, the records we set in motion and the incredible energy and willingness with which we have taken on challenges in the first 100 days of RI Year 2024-25. All the projects and commitments so far puts us in a position that aligns with our ambition to situate RI District 3011 at the heart of cutting-edge developments within the region and develop our ambition to become a leading international organisation in the eyes of the people at large.

In our endeavour to help and support the underprivileged segments of society we have signed an MOU with several organisations over the past three months and September was equally fulfilling in terms of our partnerships and knowledge exchange strategy. We will drive collaborative working with all our partners and develop our Centres for literacy, work in waste water management, upkeep of EV, for vaccinating girl children, utilising the PHD Chambers of Commerce for Club and District events, establishing kitchens in underprivileged schools to incentivise children, to ensure a world without child blindness etc and other approaches to enhance the mammoth projects we undertake and to support our strategies. While these are evidence of the mammoth tasks we have undertaken in 100 Days there is more coming for the next 100 so watch this space carefully.

In addition, the projects that each one of the clubs has undertaken to embed innovation that advances our adoption and fulfilment of more projects, maximizing the impact of the initiatives taken by us and our status as one of the best Districts in the country, is truly commendable. We have covered the work done over the past 100 days in this edition of the GML and that in itself will give you an idea of what you have achieved. The photograph on the cover would have definitely caught your attention. I must let you know that we were privileged and honoured to have an audience with the Hon'ble Speaker of the Lok Sabha Shri Om Birla and we invited him to be the Chief Guest at a Half Marathon that we are planning to hold to raise awareness for cervical cancer. It was wonderful experience to meet a man of such immensely high stature who is so grounded and humble.

I must also make a mention of the wonderful seminars we have undertaken in a month which is meant for Peace Building and Conflict Prevention. The ICCR cultural event was a fantastic treat for everyone. This was followed by the Peace Seminar with some excellent Speakers, a very informative seminar on Clubfoot Disability and Elimination and, of course, 'Navachar' -The Adult Literacy Seminar at which the Chief Guest was PRID Rtn Kamal Sanghvi was evidence of the tremendous amount of hard work we put in to retain our brand identity and to ensure that our good work is recognised by the future leaders of the country.

Rtn Dr. Mahesh P. Trikha
District Governor RI District 3011

Resource: GML, Issue September 2024

Some Events of October 2024

Mammography Camp; 7th October 2024



RCGC organised the Mammography Camp at DAV Public School, Sector 10-A, Gurugram on 7th October 2024 for all the teachers who work selflessly for a bright future of our children. A total of 20 mammogram screenings were successfully completed. President Rtn Naveen Chowdhry, Rtn. Sanjeev Budhiraja and R'anne Meetu Budhiraja joined the camp.

Mental Hygiene & Wellness (for stress & anxiety); 7th October 2024



An excellent session was held on mental hygiene & wellness by RCGC DAV Public School, Sector 14, Gurugram for classes 9th & 10th on 7th October 2024. The event was led by our charming and one of the best speakers Rtn Ruchi Rai, DLCC. Whose intellect and interactive session kept all children engrossed till the end and had a great impact of their way to deal with stress. President Rtn Naveen Chowdhry witnessed the program and we are thankful to him & Rtn Abhishek Aneja for their thought and their efforts!

Mental Hygiene & Wellness (for stress & anxiety); 8th October 2024



An excellent session was held on mental hygiene & wellness by RCGC DAV Public School, Sector 14, Gurugram for classes 11th & 12th on 8th October 2024. Our speaker Rtn Ruchi Rai has raised the bar by having such an interactive session and a change in the thought process of our future generation. President Rtn Naveen Chowdhry witnessed the program and we are thankful to him & Rtn Abhishek for their thought and their efforts!

Medical Support, 9th October 2024



Rotary Club of Gurgaon Cosmopolitan actively supported for medical to President, Rotary Club of Saint Pierre Mrs Vidushee Jeerakun who admitted at the Artemis Hospital Gurgaon on 9th October 2024. She delivered two weeks back and her baby has been admitted there for treatment. Her husband also Rotarian Tarvind is with them. President Rtn. Naveen Chowdhry and Secretary Rtn. Shalini Chowdhry visited at Airtimes Hospital and offered their best support.

Plastic Collection; 9th October 2024



Congratulations CHS Public School, sponsored by Rotary Club of Gurgaon Cosmopolitan, for doing remarkable collection of 25 kg of plastic. Keep going with same momentum.

Mammography Camp; 9th October 2024



RCGC organised the Mammography Camp at DAV Public School, Sector 14, Gurugram on 9th October 2024 for all the teachers who work selflessly for a bright future of our children. Total of 20 mammogram screenings were successfully completed during the event. President Rtn Naveen Chowdhry & Secretary Rtn Shalini Chowdhry, Rtn Gopesh Aneja, Rtn Yash Pahuja, Rtn Manish Sehgal with R'anne Shubhra Sehgal joined the camp.

Blood Donation Camp; 19th October 2024



Rotary Club of Gurgaon Cosmopolitan in Association with Rotary Blood Centre Gurgaon and DAV Public School organized Blood Donation Camp which was held at DAV Public School, Sector 14, Gurgaon on 19th October 2024. 88 units of blood were collected. Special thanks to RCGC and President Rtn. Naveen Chowdhry and his team for all their efforts!

Blood Donation Camp; 19th October 2024



Rotary Club of Gurgaon Cosmopolitan in Association with Rotary Blood Centre Gurgaon and RPS International School organized Blood Donation Camp which was held at RPS International School, Gurgaon on 19th October 2024. 39 units of blood were collected. Special thanks to RCGC and President Rtn. Naveen Chowdhry and his team for all their efforts!

Cancer Awareness & Detection Camp; 24th October 2024



RC Gurgaon Cosmopolitan and RC Delhi West organised the Cancer Awareness & Detection Camp in association with EI DuPoint India and Venkateshwar Cancer Hospital, Dwarka on 24th October 2024 at Venkateshwar Hospital, DLF Phase 2, Gurgaon. President Rtn. Naveen Chowdhry, Rtn. Shakti Pal attended this camp.

Mental Hygiene & Wellness (for stress & anxiety); 25th October 2024



An excellent session was held on mental hygiene & wellness by RCGC DAV Public School, Sector 14, Gurugram for 9th class on 25th October 2024. Our speaker Rtn Ruchi Rai has raised the bar by having such an interactive session and a change in the thought process of our future generation.

Mental Hygiene & Wellness (for stress & anxiety); 28th October 2024



An excellent session was held on mental hygiene & wellness by RCGC DAV Public School, Sector 14, Gurugram for 11th class on 28th October 2024. Our speaker Rtn Ruchi Rai has raised the bar by having such an interactive session and a change in the thought process of our future generation.

Sparks of Service - 100 days of Rotary Impact and to celebrate Diwali & Rotary Milestones; 14th October 2024



Sparks of Service - 100 days of Rotary Impact and to celebrate Diwali & Rotary Milestones was held on 14th October 2024 at The Deck, 35th Floor, St. Andrews Tower, Fairway East, M3M Golf Estate, Sector 65, Gurgaon. It was attended by President Naveen Chowdhry.

Friendship Exchange programme 'Inter District Meet' 15th October 2024



Friendship Exchange programme 'Inter District Meet' which was held on 15th October 2024 at The Host Restaurant, Connaught Place, New Delhi. It was hosted by RCGC President Rtn. Naveen Chowdhry and attended by Rotary Club of Delhi Safdarjung and Rotary Club of Delhi Vasant Valley. President Rtn. Naveen Chowdhry exchanged club flags with Rtn. C. Venkatesan, Rotary Club of Katpadi, Chairman Interact, RID 3231. It was an excellent friendship programme.

Sparks of Service - 100 days of Rotary Impact and to celebrate Diwali & Rotary Milestones; 17th October 2024



Sparks of Service - 100 days of Rotary Impact and to celebrate Diwali & Rotary Milestones was held on 17th October 2024 at The Deck, 35th Floor, St. Andrews Tower, Fairway East, M3M Golf Estate, Sector 65, Gurgaon. It was attended by PP Ruchi Rai from our club.

Regular Club Meeting, Speaker, 18th October 2024



Our Regular Club Meeting of Rotary Year 2024-25 was held at VIP Club, M3M Golf Estate, Sector 65, Gurugram on 18th October 2024. President Rtn. Naveen Chowdhry shown 100 days work of Rotary Year 2024-25 that 82 projects/ activities successfully completed through PPT. Every one thanked President and his team for doing wonderful job till. Secretary Rtn. Shalini Chowdhry specially thanked Rtn. Manish Sehgal for his commandable support.

Mr. Naveen Garg and Mrs. Bhawna Bansal inducted as new members of our Club sponsored by PP Rtn. Deepak Jain. Mr. Naveen Garg pinned by Rtn. Gopesh Aneja and Rtn. Bhawna Bansal was pinned by R'anne Shubhra Sehgal and Rtn. Manju Sharda was pinned by Rtn. Neha A Bansal. Every one welcome them.



Diwali Fellowship, 18th October 2024



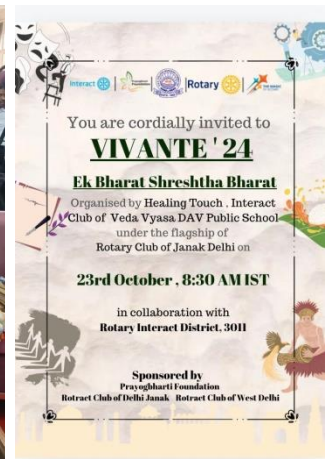
Rotary Club Gurgaon of Gurgaon Cosmopolitan celebrated Diwali Fellowship on 18th October 2024 at VIP Club, M3M Golf Estate, Sec. 65, Gurugram. This fellowship was conducted with games, music, dance and drinks followed by dinner. It was very well organized event under the leadership of President Rtn. Naveen Chowdhry, Secretary Rtn. Shalini Chowdhry and fellowship chairman for Diwali Rtn. Manish Sehgal. Everyone enjoyed the event. Diwali gifts sponsored by the President Rtn. Naveen Chowdhry were distributed.

Flag Exchange, 19th October 2024



President Rtn. Naveen Chowdhry Flag Exchanged with President, Rotary Club of Saint Pierre Mauritius, Rtn. Vidushee Jeerakun and PE Rtn. Tarwind, Jeerakun visited India on 19th October 2024. Their baby was treated at the Artemis Hospital Gurgaon. They went back to Mauritius on Oct 20 safely. President Rtn. Naveen Chowdhry discussed with lots of projects to be done together in the near future. It was a very good bonding with them.

Jury Member at Vivante '24, 23rd October 2024



It was an honor that RCGC Secretary Rtn Shalini Chowdhry attended the event VIVANTE '24 as a jury member and judged the talent of the children who flew from different states as a participant of the contest held at Ved Vyasa DAV Public School, Vikaspuri, New Delhi.

From the Desk of the Secretary

ROTARY MONTHS

Jul	Start of new Rotary officers year of service
Aug	Membership and New Club Development
Sep	Basic Education and Literacy
Oct	Economic and Community Development
Nov	Rotary Foundation
Dec	Disease Prevention and Treatment
Jan	Vocational Service
Feb	Peace and Conflict Prevention/ Resolution
Mar	Water and Sanitation
Apr	Maternal and Child Health
May	Youth Service
Jun	The Rotary Foundation's 110th Anniversary

Birthdays

November	
3 rd	Rtn. Dr Anshuman Kaushal
15 th	Rtn. Pawan Dhawan

Anniversaries

November	
6th	Rtn. Jeevit Vashishtha & Rtn Pragati Vashishtha
22nd	Rtn. Urmi Gupta & Rtn. Ankur Gupta
23rd	R'aane Malini Agrawal & Rtn Pradeep Agrawal



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